

**MUFFIN ENG WHL WHEAT**

Item # **259926**

**Nutrition Facts**

|                           |                  |                           |
|---------------------------|------------------|---------------------------|
| Serving Size :            | 1 MUFFIN (57 GM) |                           |
| Serving Per Container :   | 72               |                           |
| <b>Amount Per Serving</b> |                  |                           |
| Calories :                | 120.00           | Calories from Fat : 10.00 |
|                           | Per Serving      | %Daily Value*             |
| Total Fat                 | 1.00             | 2.00 %                    |
| Saturated Fat             | 0.00             | 0.00 %                    |
| Trans Fat                 | 0 g              |                           |
| Cholesterol               | 0.00 mg          | 0.00 %                    |
| Sodium                    | 220.00 mg        | 9.00 %                    |
| Total Carbohydrate        | 22.00 g          | 7.00 %                    |
| Dietary Fiber             | 3.00 g           | 12.00 %                   |
| Sugars                    | 0 g              | 0 %                       |
| Protein                   | 5.00 g           |                           |
|                           | Per Srv          | Per Srv                   |
| Vitamin A                 | 0 %              | Vitamin C 0.00 %          |
| Calcium                   | 8.00 %           | Iron 8.00 %               |

\*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

|                          |                |           |        |
|--------------------------|----------------|-----------|--------|
|                          | Calories       | 2,000     | 2,500  |
| Total Fat                | Less Than      | 65g       | 80g    |
| Sat. Fat                 | Less Than      | 20g       | 25g    |
| Cholesterol              | Less Than      | 300g      | 300g   |
| Sodium                   | Less Than      | 2400mg    | 2400mg |
| Total Carbohydrate       |                | 300mg     | 375mg  |
| Dietary Fiber            |                | 25g       | 30g    |
| <b>Calories per gram</b> |                |           |        |
| Fat 9                    | Carbohydrate 4 | Protein 4 |        |

**School Equivalents**

|   |  |
|---|--|
| Serving Size  |  |
| Meat/Meat Alternatives  |  |
| Fruit/Vegetables  |  |
| Grain/Bread   |  |
| Milk  |  |
| Child Nutrition*  |  |
| *Key: USDA=Item has USDA CN label                               |  |
| BG=Item is in the USDA Buyers Guide for Child Nutrition Program |  |
| PFS=Manufacturer has provided a Product Formulation Statement   |  |

**Product Specifications:**

| MFG Product | UPC            | Units/Case | UnitSize/Measure | Serving/Case |
|-------------|----------------|------------|------------------|--------------|
| 17905       | 10048121179059 | 72.0       | 2OZ              | 72           |

| Brand  | Class               | PBH           |
|--------|---------------------|---------------|
| THOMAS | FROZEN FOOD PROCESS | BAKERY FROZEN |

| Gross Wt | Net Wt | Origin | Kosher | Child Nutrition |
|----------|--------|--------|--------|-----------------|
| 11.5     | 9.0    |        | DAIRY  | N               |

**Shipping Information:**

| LenXWidthXHt    | TiHi | ShelfLife | TempZone | Wt Flag |
|-----------------|------|-----------|----------|---------|
| 15.25X11.0X7.75 | 1008 | 365       | FROZEN   | N       |

**Allergens:**

|                  |             |
|------------------|-------------|
| Contains         | May contain |
| Milk, Soy, Wheat |             |

**Handling Suggestions:**

**Benefits:**

**Additional Information:**

**Ingredients:**

WHOLE WHEAT FLOUR, WATER, FARINA, WHEAT GLUTEN, YEAST, SALT, CALCIUM PROPIONATE AND SORBIC ACID (TO PRESERVE FRESHNESS), SUGAR, GRAIN VINEGAR, SODIUM STEAROYL LACTYLATE, NATURAL FLAVOR (CONTAINS MILK), MONO- AND DIGLYCERIDES, ETHOXYLATED MONO- AND DIGLYCERIDES, SOY LECITHIN, SOY, SUCRALOSE, WHEY (MILK).



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCENet or PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCENet and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCENet and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.